



The Royal Australasian
College of Physicians



Australasian Faculty of Occupational
and Environmental Medicine



PROCEEDINGS

Australian Health Benefits of Good Work (HBGW) Industry Forum

Date: Friday 20 November 2015

Time: 8.30 am to 12.30pm (registration from **8.00am** – *coffee and tea served*)

Venue: AMP, 33 Alfred Street, Circular Quay

Enquiries: Suzanne Jones HBGW SSG Chair – Suzanne.jones@au.xchanging.com

Forum sponsored by AMP

Session	Speaker	Details
8.30am Welcome	Malcolm Weir , Director Insurance Operations, AMP	
8.40am Opening address	Linda Smith , Chief Executive Officer, Royal Australasian College of Physicians (RACP)	
8.50am HBGW Evidence Base	Dr Warren Harrex Chair RACP HBGW Stakeholder Group	The RACP has recently updated its evidence base which underpins the HBGW philosophy. Warren will provide context, key highlights and the recent evidence that supports the concept of 'good' work.
9.05am Keeping our workers physically active and healthy as they age	Dr Anne Tiedemann Senior Research Fellow The George Institute for Global Health	Anne has a deep understanding of the evidence related to healthy workers and leads the Institute's research into the benefits of physical activity for older Australians. Be guided by this evidence based presentation as you give thought to your own workplace and workforce.
9.25am The Health Benefits of Good Work Applied	Anne Cherry Director InjuryNet	Applying the HBGW message across a variety of settings, including employers' absence management programs, workers compensation, salary continuance and income protection systems, requires significant challenges to the status quo. Anne will present findings on some thought-provoking approaches to promoting the HBGW amongst Australian employers and insurers.
9.40am Duty of care with employers and GPs working together	Dr Amy Ho Royal Australian College of General Practitioners	Amy will discuss the importance of the GP-patient relationship in the context of maximising access to the health benefits of good work for all.
10.00am Connecting financial literacy and the health benefits of good work	Kristine Gatt General Manager Mature Workforce WCD Solutions	Recent research identifies an individual's financial literacy may impact their understanding of the health benefits of work and return to work during an illness or injury. Kristine will discuss the research in relation to financial literacy and associated key strategies to include when addressing financial literacy in a Health Benefits of Good Work Plan.

Session	Speaker	Details
10.15am Facilitating recovery and return to work	Andrew McGarity Manager Injury Management NSW Fire & Rescue	The Return to Work (RTW) Monitor consistently shows employers can play one of the most significant roles in an injured worker's rehabilitation and RTW. Research shows that the provision of supportive processes combined with education and employee engagement will facilitate recovery and RTW. Andrew will tell us why it is imperative the research on RTW is known, understood and implemented operationally.
10.30am	MORNING TEA	<p>Morning tea will provide an opportunity to meet members of the Australian HBGW Signatory Steering Group (SSG) and learn more about how you can be involved. Please find the link to the Consensus Statement, list of current signatories and how to become a signatory:</p> <ol style="list-style-type: none"> 1. http://www.racp.edu.au/advocacy/health-benefits-of-work/consensus-statements-and-signatories 2. http://www.racp.edu.au/advocacy/health-benefits-of-work/how-to-become-a-signatory
11.00am Improving wellbeing through technology and the built environment	Lisa Harvey Head of Workplace Experience AMP	Researchers consistently argue that proactive workplace interventions that focus on promoting wellbeing are far more effective than those which simply seek to remedy ill-health yet many workplace programs place greater emphasis on remediation than prevention. Very few workplaces have recognised that in order to enjoy the benefits of a more inclusive, productive and engaged workforce, they need to make a deeper commitment to creating an organisational culture focused not only on preventing mental illness, but on fostering the mental health and wellbeing of its employees. Lisa will detail AMP's 'Sparkitecture' Program which is instilling a new organisational culture of flexibility, collaboration and wellbeing.
11.20am Australian HBGW Signatory Steering Group – facilitated session	<p>SSG members Morag Fitzsimons and Christianna Johnson</p> <p>This session is facilitated by Alex Cheek, Design Lead, Customer Solutions, AMP</p>	<p>The Australasian Faculty of Occupational and Environmental Medicine announced the appointment of an Australian HBGW SSG in early 2015. The SSG presents a unique opportunity for organisations to advance their work in this area as well as interact and collaborate with key stakeholders including statutory authorities, peak industry associations, unions, insurers and national employers. Its purpose is to further champion integration of the HBGW policy agenda in the industry sector. The SSG is a forum to share information and collaborate on initiatives that enable organisations to implement HBGW Programs as well as champion improvements throughout industry and community.</p> <p>Morag will present the SSG's initiative - building the business case to support organisational change to realise the health and business benefits of good work.</p> <p>Christianna will detail all SSG initiatives currently underway and present outcomes of the SSG initiative – building the HBGW brand and profile through engagement of the RACP Consensus Statement Signatory Base. Christianna will provide an overview of the recent signatory survey results and detail how the RACP and SSG have responded.</p> <p>Alex will facilitate discussion and activity as we reflect on where we are and where we want to be.</p>
12.20pm Closing address	Dr Robin Chase, Chair of AFOEM Policy & Advocacy Committee	
12.30pm	Close	