

# Achieving sustainable & meaningful employment after Injury

*When employment ceases due to significant injury*

[yfcw.com.au](http://yfcw.com.au)

# Losing a job following trauma or illness

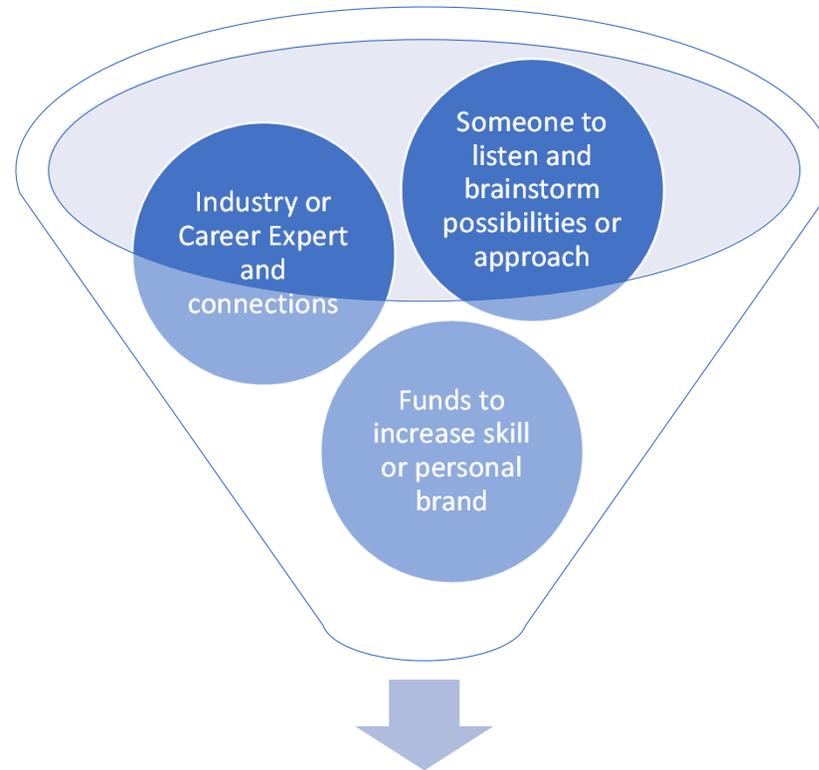


**Who did you last turn to for advice and support on your role today?**

# Everyone needs support when job seeking

We all reach out when we are *injury or illness free* to seek out new employment options...

Those that are injured or ill, need even more tailored support, particularly when their occupation is no longer available.



# We all need someone in our corner

- The importance of someone knowing my situation (and the struggle)
- Rediscovering my (new) 'why' and 'purpose' for sustainable and meaningful options
- A holistic approach
  - Identifying barriers that may impact on seeking employment
  - Connecting to other resources for ultimate support
- Ongoing support to assist me in reaching my set goals
- Partner with me for targeted preparation, debriefs and learnings

# The Competitive Candidate

## Goal to achieving sustainable and meaningful employment

- Re/training completed, qualifications seen as relevant
- Understands the injury/illness restrictions but can see what can be done
- Transitioning from injury identity - positive mindset
- Knows their why/purpose to underpin goals
- Resilient and confident
- Understands new self and value.
- Has a personal brand to share
- Knows how to speak through injury or break in employment
- Understands role and industry applied for
- Hands on job seeking with Career Manager
- Applications lead to calls & interviews
- Prepared for interview questions and techniques
- Interview success
- Celebrations!

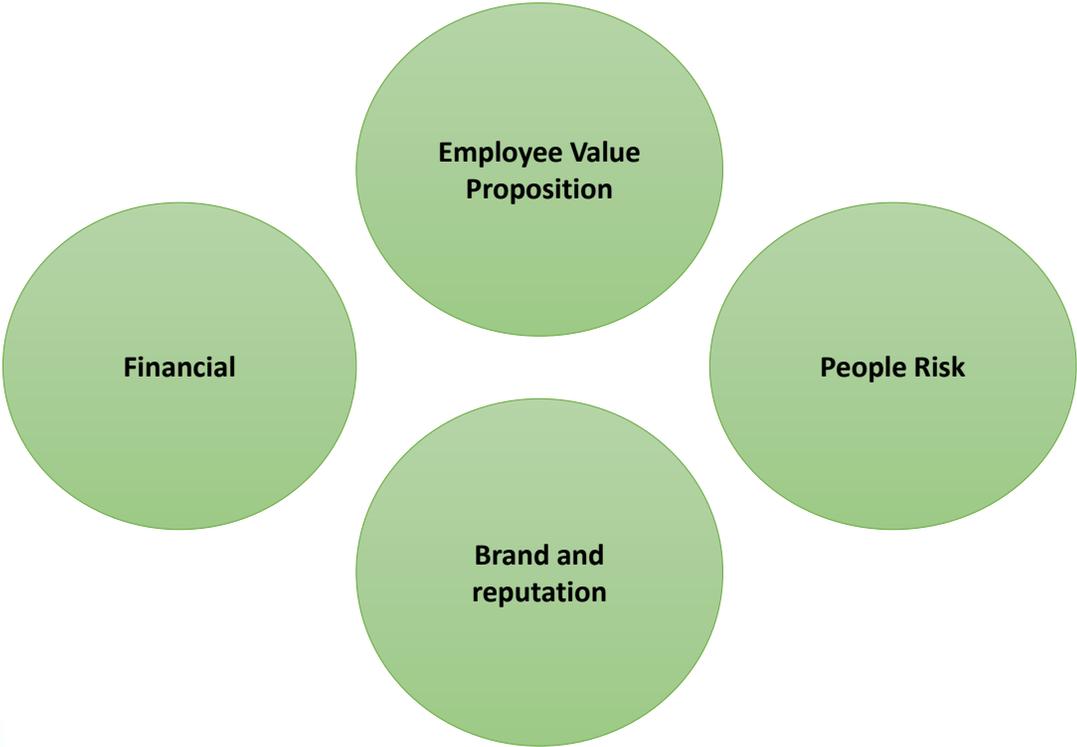
# The Competitive Candidate

## Key steps to achieving sustainable and meaningful employment

- Time and patience
- Honest feedback
- Wellbeing plan to support rebuild of self and surrounding barriers
- Increase resilience & confidence through varying activities and reflection
- Identifying barriers that may impact seeking employment and work on these
- Transferrable skills surfaced and understood (builds self belief)
- Training linked to achievable and varied work options (light at the end of the tunnel)
- Building the new person & brand (mind, body & soul)
- Understand the new skill/s set and how to pitch these
- Know worth and can 'sell' the new career story to employers
- Interview questions and techniques via role playing (and practice)
- Continual support to keep track of goals

# The Commercial Impacts

Why do RTW strategies matter to your business and how can it help?



# Insights Into Practice

Our observations in refocusing the career change experience:

- Creating competitive candidates
- An Insurance Investment Approach
- Outcome focused
- Understanding of the business purpose for a tactical program design

# Questions and Discussion

# THANK YOU.

**Presented by:** Suzanne D'Andrea  
**CAREER MANAGEMENT SPECIALIST**

**E** [s.dandrea@yfcw.com.au](mailto:s.dandrea@yfcw.com.au)

**M** 0481 905 932

**T** (02) 8830 0315

**W** [yfcw.com.au](http://yfcw.com.au)

**Enquires to:** Samantha McKenzie  
**OPERATIONS MANAGER**

**E** [s.mckenzie@yfcw.com.au](mailto:s.mckenzie@yfcw.com.au)

**M** 0466 558 628

**T** (02) 8830 0313

**W** [www.yfcw.com.au](http://www.yfcw.com.au)